

Planet Youth Surveys

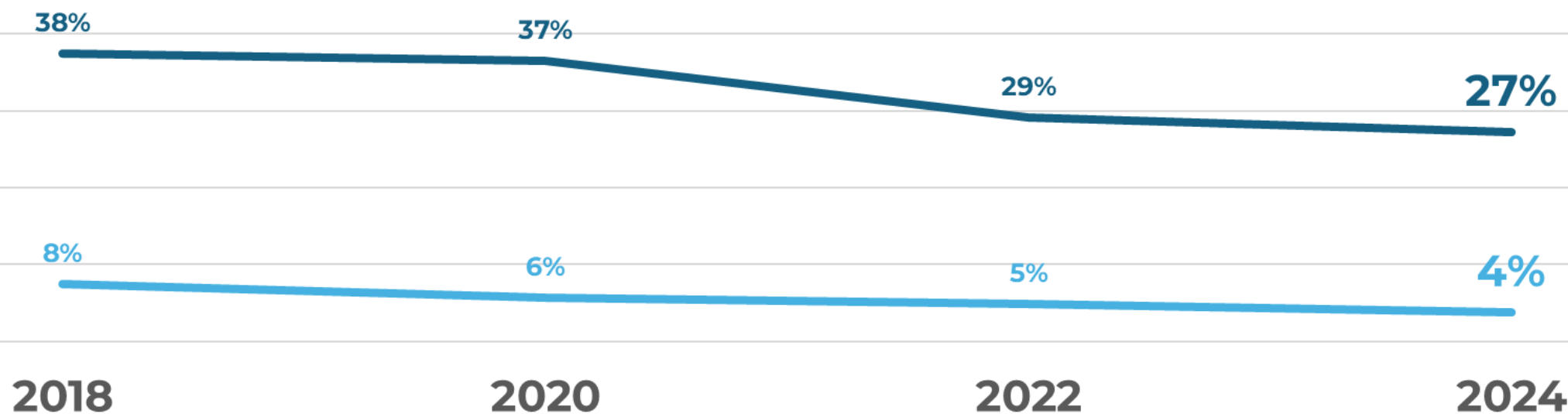
Regional Trend Data 2018 - 2024

15 and 16 years-olds only in all 90 schools and centres
Galway, Roscommon, and Mayo

2018	n=4,495
2020	n=4,484
2022	n=4,339
2024	n=5,079

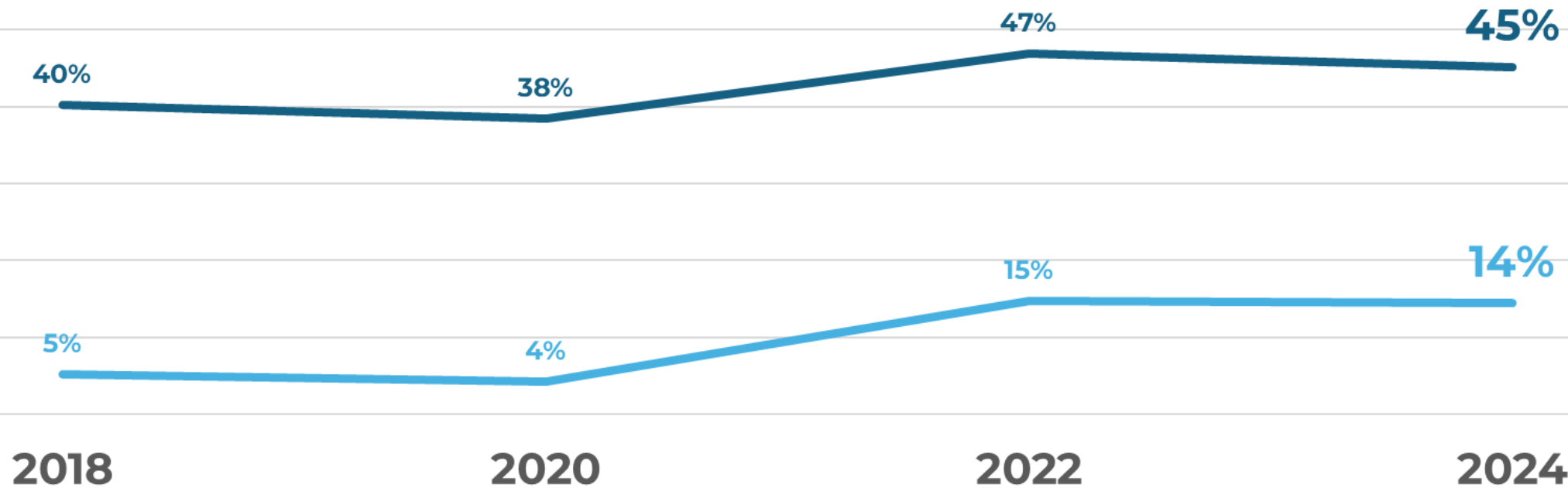
Pupils that reported the following substance use

— Lifetime smoking — Daily smoking



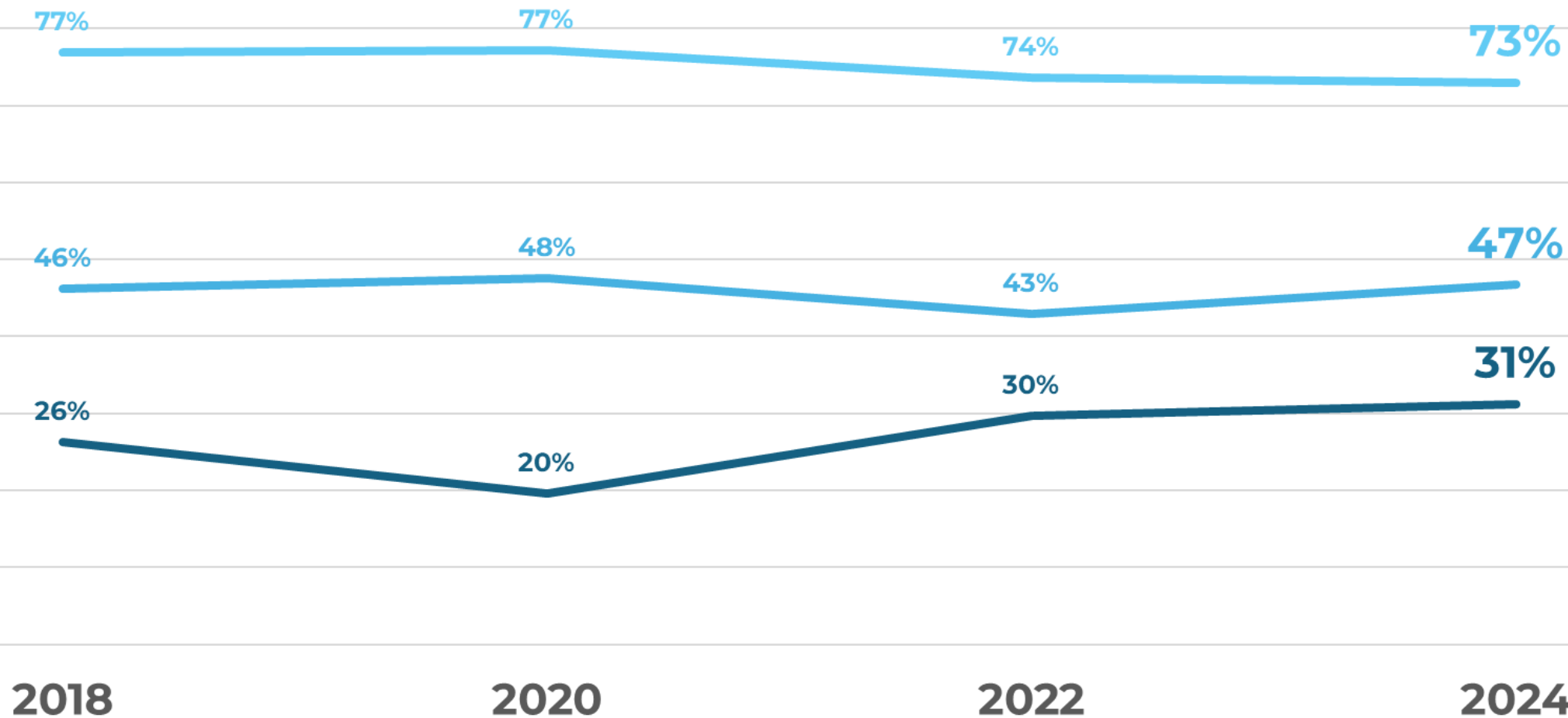
Pupils that reported the following substance use

— Lifetime vaping — Daily vaping



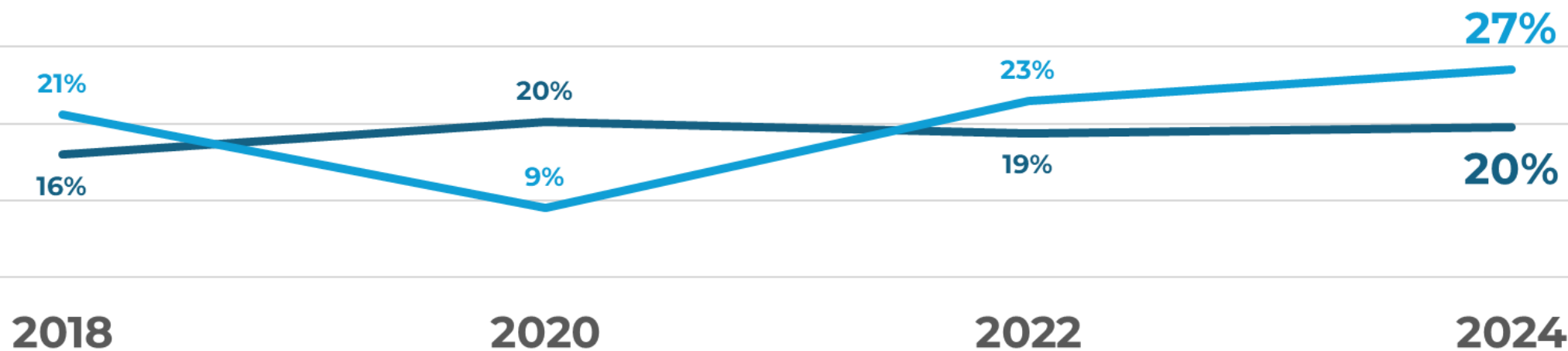
Pupils that reported the following substance use

— Tried alcohol in lifetime — Drunk in lifetime — Drunk in the last 30 days



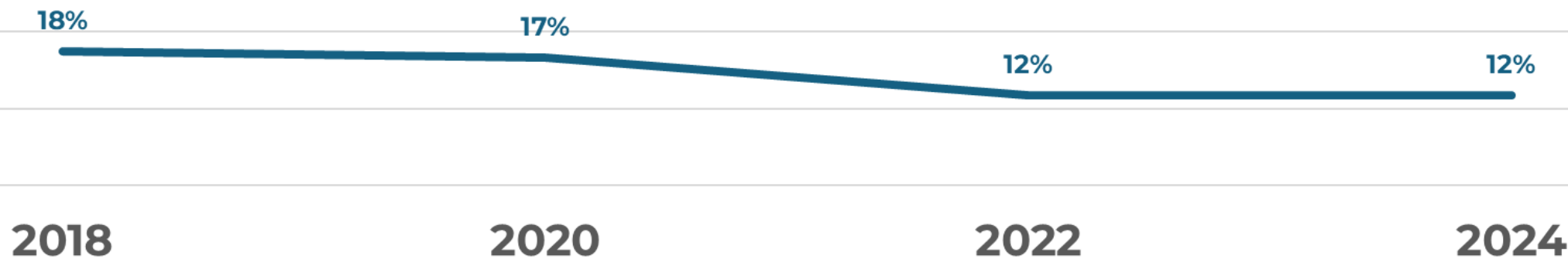
Pupils who sometimes or often drink in the following places

— In their own home — In the pub

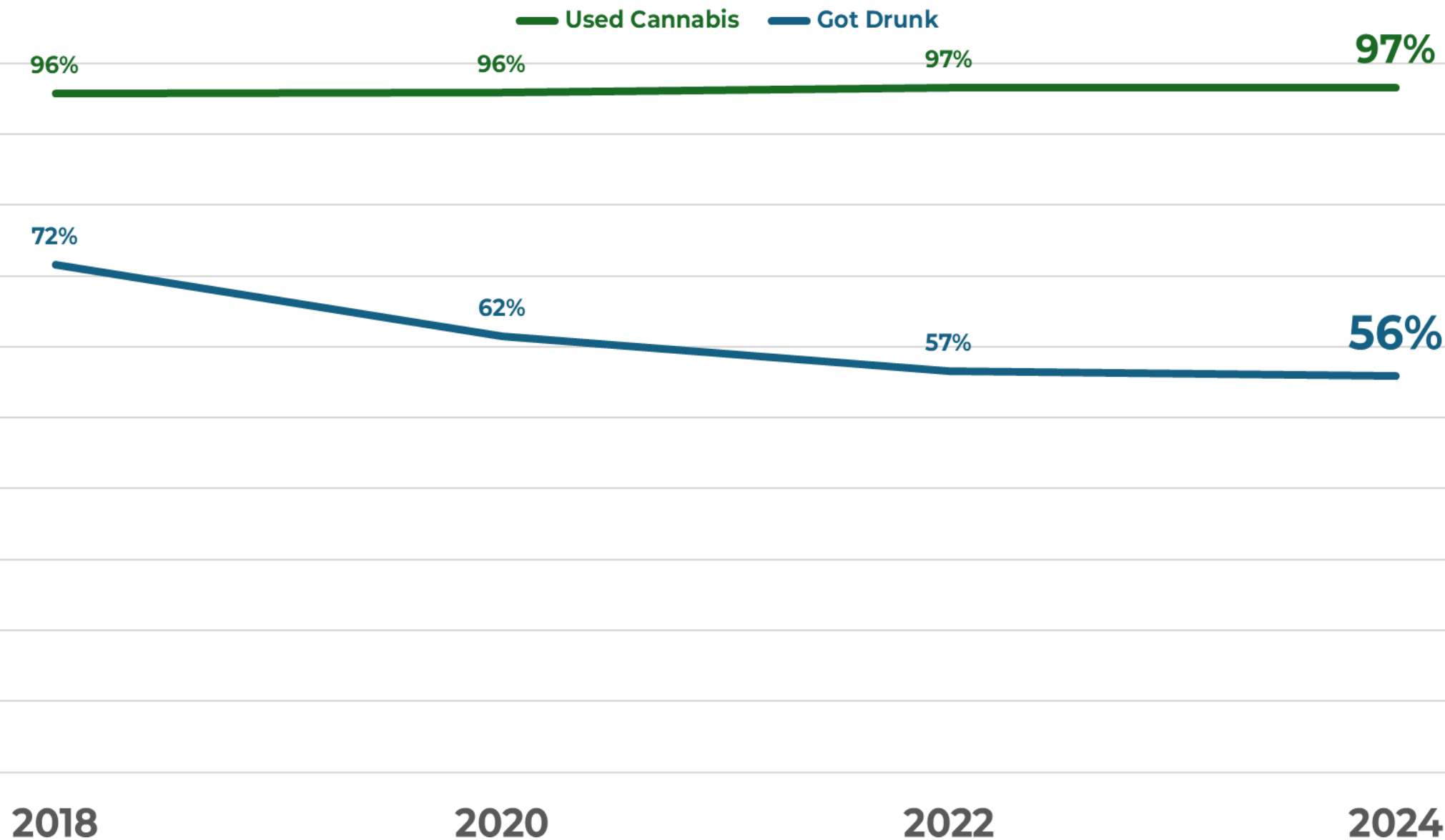


Pupils that reported the following substance use

— Lifetime cannabis use

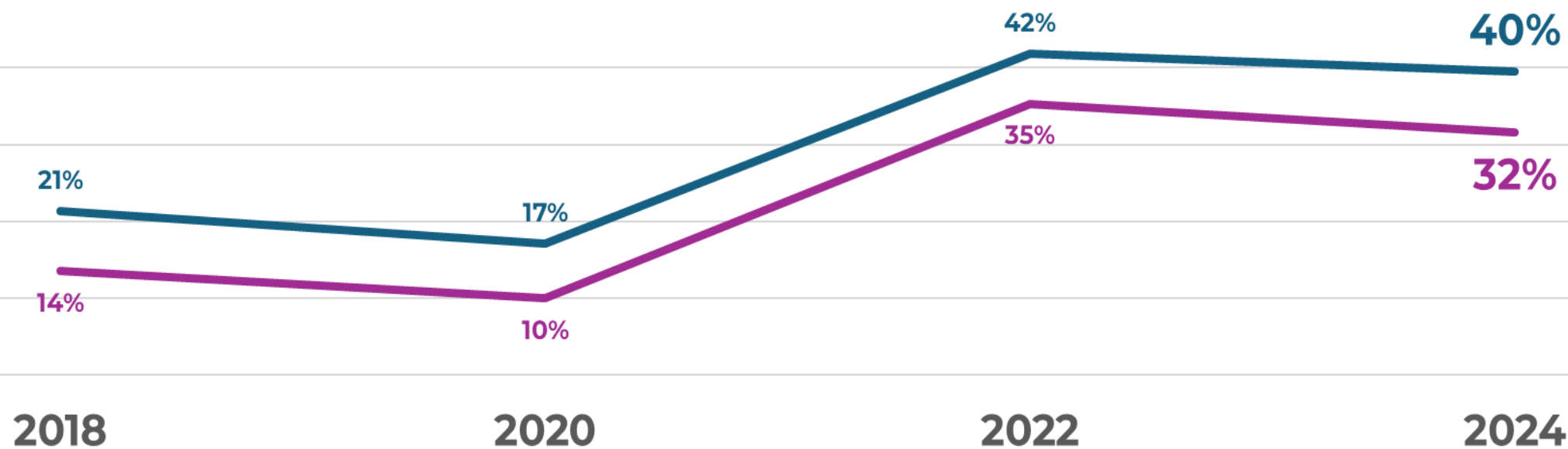


My parents would be against it, or totally against it, if I



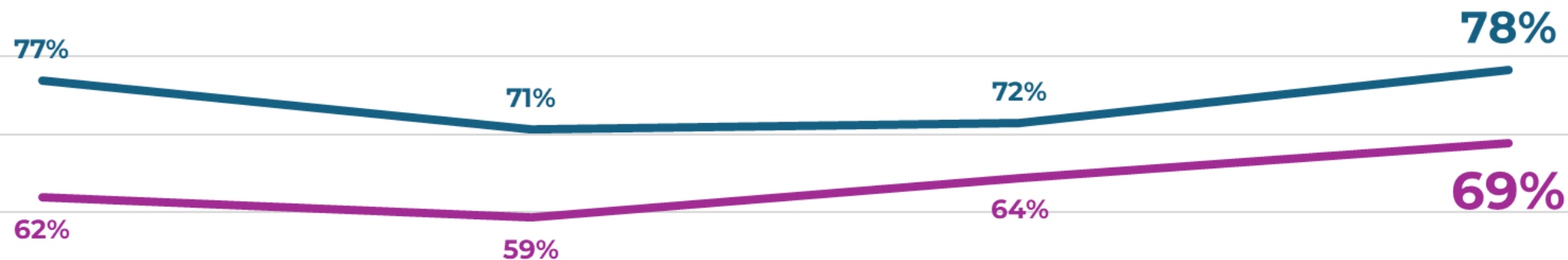
Pupils outside after midnight once or more in the last week

Boys Girls



Pupils that report their physical health as good

Boys Girls



2018

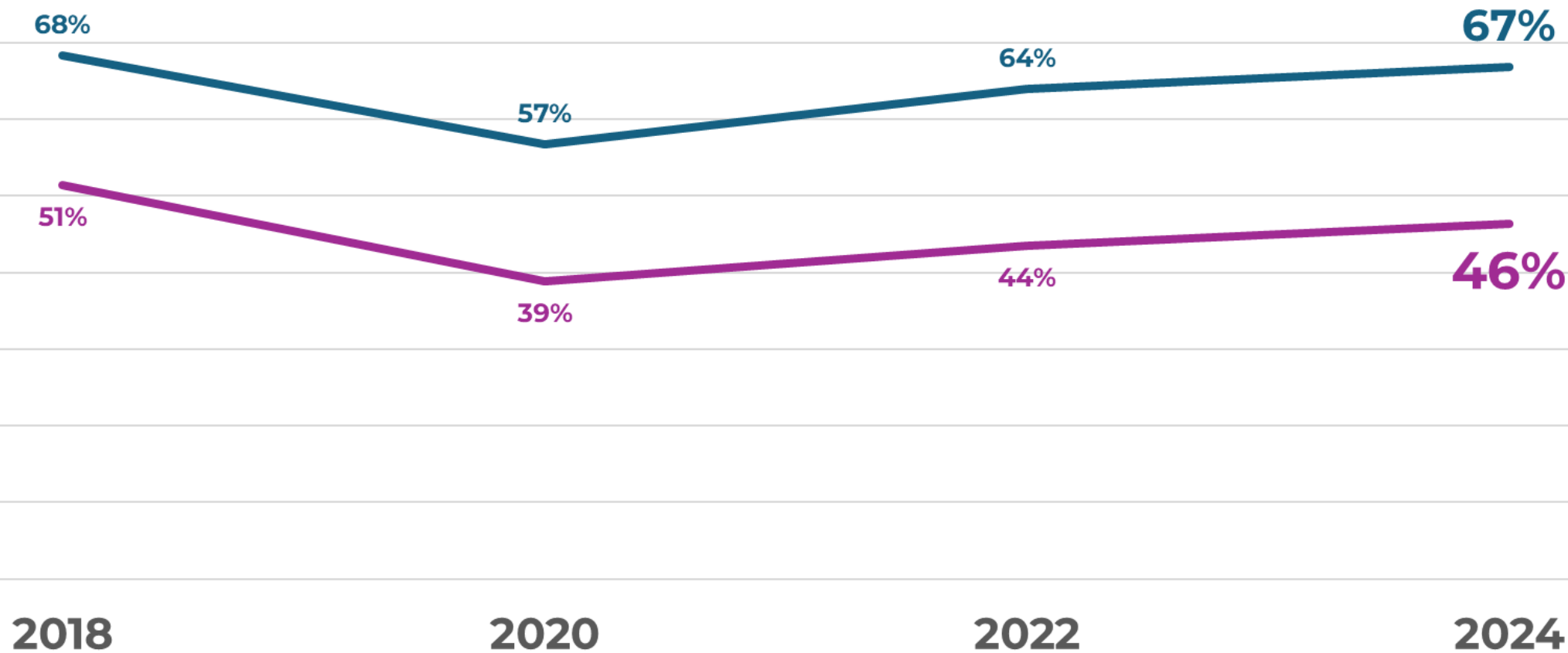
2020

2022

2024

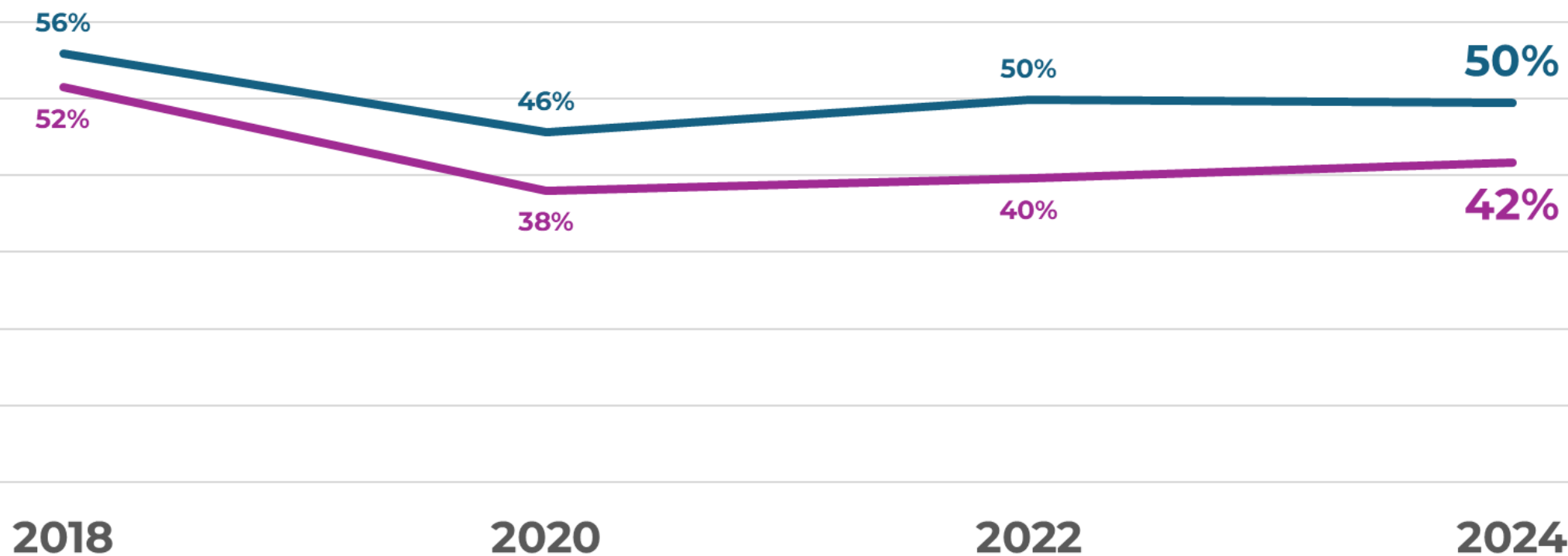
Pupils that report their mental health as good

Boys Girls



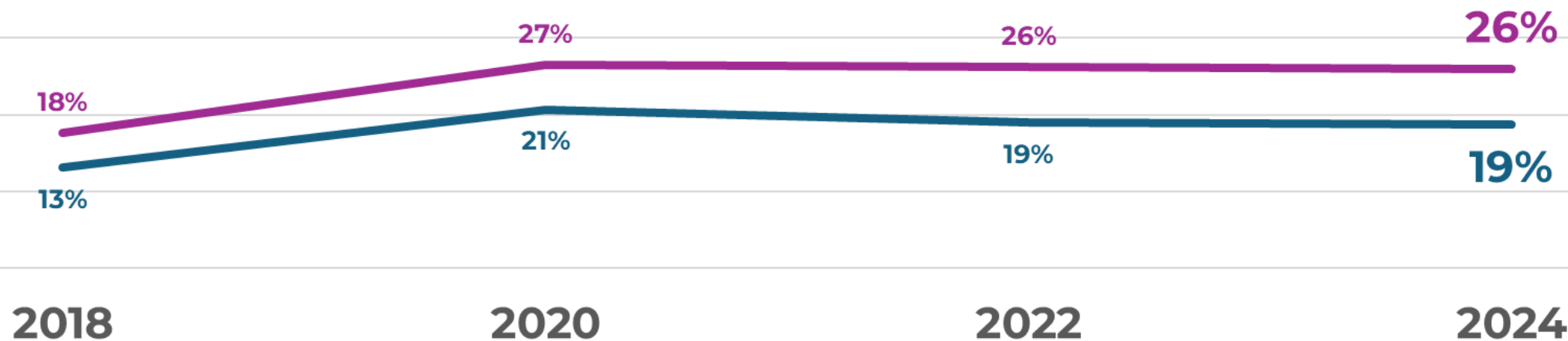
Pupils that report getting 8 hours or more sleep

Boys Girls



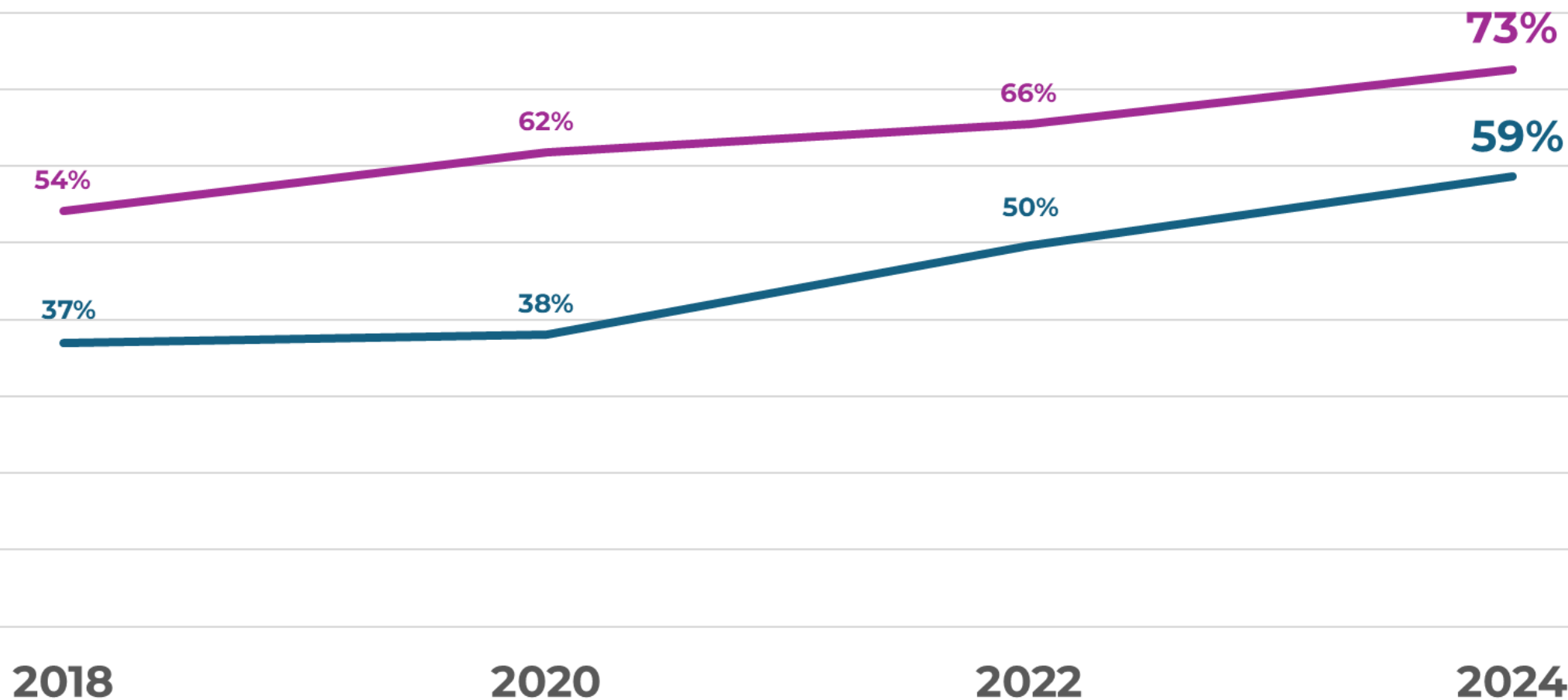
Pupils that report getting 6 hours or less sleep

Boys Girls



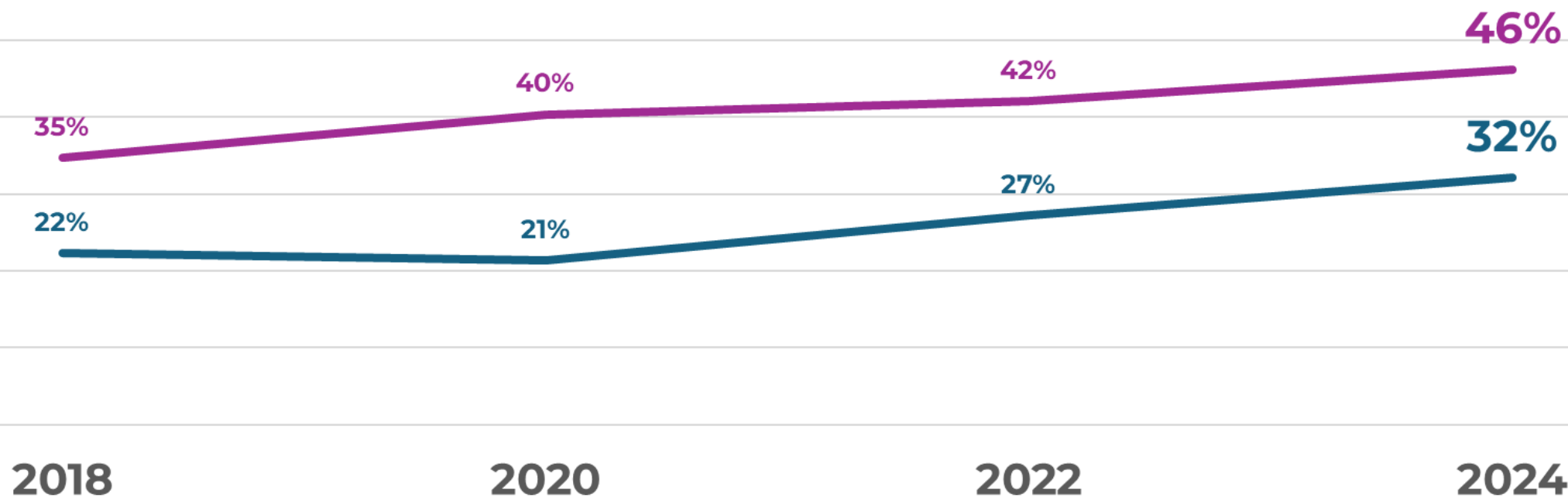
Pupils that spend 3 hours or more each day on social media

Boys Girls



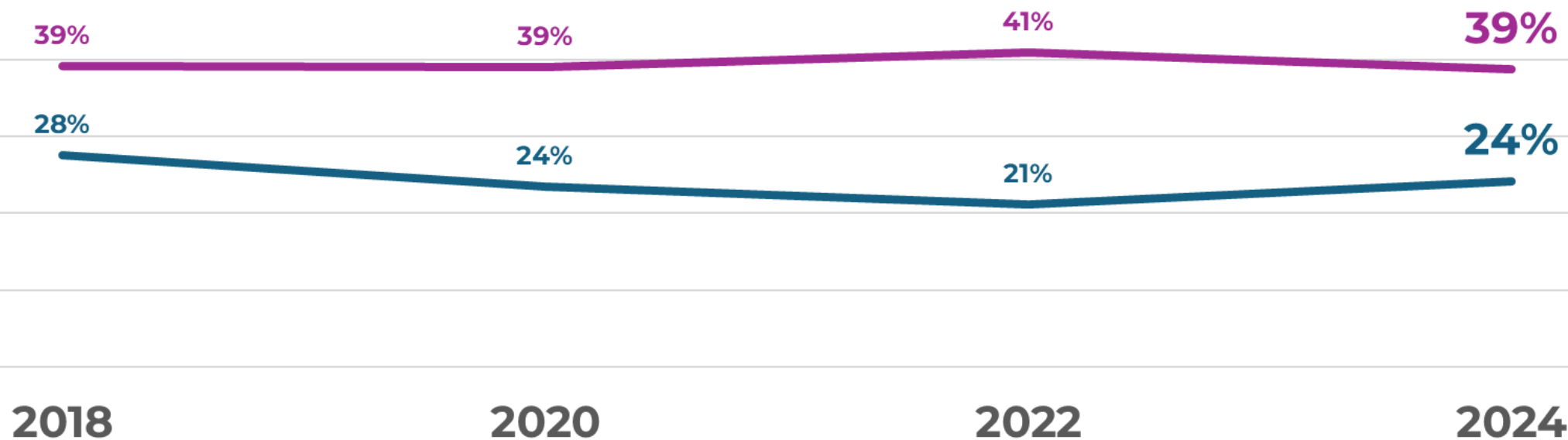
Pupils that spend 4 hours or more each day on social media

Boys Girls



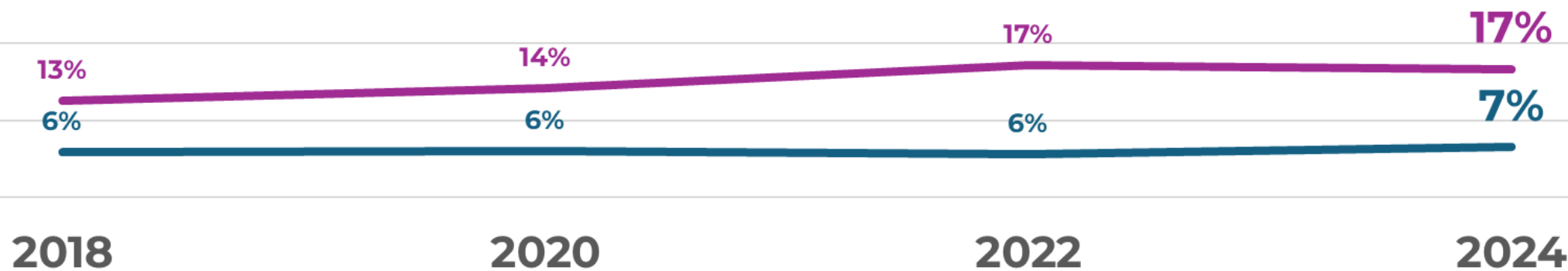
Pupils that report self-harm in their lifetime once or more often

Boys Girls



Pupils that report self-harm in their lifetime five times or more often

Boys Girls



Pupils who say it's easy or very easy to receive the following from parents

— Caring and warmth — Advice about personal matters

