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Planet Youth Roscommon 2022

Trends	31% ^{+12%} Reported drunkenness has increased to 	16% ^{+10%} Daily vaping rates have increased to 	50% ^{-8%} Parental disapproval of drunkenness has decreased to 	41% ^{+25%} Outside after midnight rates have increased to	
	81% ^{+5%} Parental support with personal matters has increased to	16% ^{-2%} Pupils reporting poor mental health has decreased to 	5% ^{-1%} Daily smoking rates have decreased to 	11% ^{-4%} Lifetime cannabis use has decreased to 	
Substance Use	31%  reported being drunk in the last month	16%  are daily vapers	31%  do their drinking in a friend's home	11%  have tried cannabis	Teenagers whose parents disapprove of drunkenness are almost three times less likely to get drunk.
	13%  get alcohol from a friend's parent	4%  reported that a family member has experienced drug-related intimidation	26%  get alcohol from a parent	19%  reported being drunk by the age of 14	5%  are daily smokers
Family Time	91%  reported that it is easy or very easy to receive caring and warmth from their parents/carers	Teenagers who find it easy to talk to their parents/carers about personal matters are four times more likely to report high self-esteem scores		81%  of teenagers reported that it is easy to get advice on personal matters from their parents/carers	
Screen Time	61%  of teenagers spend 3 hours or more on social media daily	Those that have been bullied online are almost twice as likely to report poor mental health 		18%  of boys and 23%  of girls reported being bullied online	
Wellbeing Indicators	32%  reported self-harm once or more	53%  of teenagers are not getting the recommended amount of sleep	Teenagers not getting the recommended amount of sleep are twice as likely to report poor mental health		62%  of boys and 44%  of girls reported their mental health as good or very good
Leisure Time	59%   of pupils report doing 60 minutes of physical activity three times a week or more	Teenagers that report hanging out unsupervised at a friend's home once a week or more are almost 4 times more likely to have been drunk in the last month		62%  agree there are suitable activities for them in their area	Teenagers that report hanging out in the streets weekly are 6 times more likely to have used cannabis
School Experience	87%  of pupils report they have friends at school that care about them	69%  report that they get along with their teachers 			
Sexual Health and Behaviour	20%  of teenagers have had a sexually explicit image shared online without their permission	13%  of girls and 22%  of boys reported using pornography as a source of information to learn about sex			